

Questions for Evening Reflection

Thoughts – Heart and Mind

- 1 Did I prioritize God above all else today, or did I allow concerns for myself to take priority?
- 2 Did I fully trust in God's providence or did I allow fear, doubt, or anxiousness to creep in?
- 3 Did I allow my pride or ego to take center stage today or did I lead with humility?
- 4 Did I harbor any envy or covetousness thoughts in my imagination or while witnessing others?
- 5 Did self-pity or bitterness slip into my inner dialogue?
- 6 Did I make excuses or self-justify my thoughts, words, or actions?
- 7 Was I quick to judge or fault others, while excusing myself?
- 8 Was my ego upset by a lack of thanks or praise, or did I feel disrespected in any way?
- 9 Did I complain or grumble instead of giving thanks and showing gratitude?
- 10 Did I act against my informed conscience in any matter today?
- 11 Did I allow negative patterns to repeat themselves?
- 12 Was I overtly dishonest, omit the truth, or rationalize my actions to protect my image or ego?
- 13 Did I hesitate or fail to forgive anyone?

The answers are in the questions.