

SHOUT FOR JOY TO THE LORD,  
ALL THE EARTH. WORSHIP  
THE LORD WITH GLADNESS;  
COME BEFORE HIM WITH  
JOYFUL SONGS.  
- PSALM 100: 1-2

**A WORD ON THE WORD:**  
THE HEBREW WORD FOR JOY IS  
"SIMCHA" (seem-ka)  
IS DEFINED SIMPLY AS...  
"A STATE OF REST"

*This* is the kind of **JOY**  
I had hoped for...  
**ONLY BETTER!**

DON'T GRIEVE FOR  
THE JOY OF THE  
LORD IS YOUR  
STRENGTH.  
- NEHEMIAH 8:10

What  
is meant by  
THE WORD  
**JOY**  
in the  
**BIBLE?**

TO THE ANCIENT ISRAELITE,  
**JOY** WAS CLOSELY ASSOCIATED WITH  
RIGHTNESS REST LOVE PEACE SUCCESS JOY

"the flourishing of life in right order."

**SHALOM**

... BUT I HAD **JOY** ALL WRONG!

In the Bible...

Joy is NOT...	JOY is...
• happiness	✓ deep contentment
• glee	✓ interior calm
• giddiness	✓ desires under control
• dancing	✓ internal order
• singing	✓ struggles of life quieted
• performing	✓ hope despite circumstances
	✓ confidence in <b>GOD</b> with you
	✓ always turned towards <b>GOD</b> .

Most people believe **JOY** to be ...

- OVERFLOWING BLISS
- EMOTIONAL EXCITEMENT
- EFFERVESCENCE
- HAPPINESS (... ME INCLUDED.)